

## FROM THE EXECUTIVE DIRECTOR

It's been a year of change for Mental Health Recovery Board Serving Warren & Clinton Counties (MHRB) and that is a bit of an understatement! As the pandemic shutdown gave way to more pre-COVID activity levels, mental health and addiction issues have surfaced more publicly where they were often hidden. In a sense, COVID assisted in de-stigmatizing behavioral health issues and the associated care needed. On the down side, there have been great demands on the behavioral health workforce that surpasses the ability to provide access to services in a manner that can meet the demands as quickly as we would like. MHRB is working internally and is collaborating with other local and state efforts to retain current workforce and innovative ways to assist our providers to increase the workforce so that needs are met in as timely a fashion as possible.

Though the COVID pandemic lost a lot of steam in 2022, its effects did not. Some examples of this include seeing more and more children dealing with mental health issues as they go back to school. Many adults have not done much better as they try to cope with the stresses of everyday life, some who have physical after-effects of COVID, financial and housing issues, and a decline in their overall mental health.

Thankfully, MHRB and the providers that contract with us are stepping up to meet the challenge. We continue telehealth options for clients, and we provide help to Warren and Clinton County residents who otherwise might not be able to pay for the care that they need. Our goal is the same as always: help people recover and provide prevention. We do this by building a complement of providers that can address community needs as they arise.

We will continue to do just that as another year unfolds. For now, I hope this annual report for Fiscal Year 2022 provides some insight for you into how our work benefits our community as a whole to "find help, find hope".

With warm regards

Colleen

# **CLINICAL HIGHLIGHTS**

Each year, MHRB funds organizations to carry out services and programs that will address the mental health and substance use disorders that residents may be facing. Additionally, the Board contracts for prevention services, mainly but not exclusively, in area schools. Here are some of the highlights of funded services and programs we contract for with providers:

- Answered 3,426 calls to the Crisis Hotline, a nearly 13 percent increase over FY2021
- The majority of crisis calls 50 percent occurred between 5PM and 10PM
- Admitted 2,547 Warren and Clinton County residents to outpatient clinical services
- Provided case management services to 928 residents with a diagnosed severe and persistent mental illness
- Saw 61 percent of clients receiving residential substance use disorder treatment complete the program or leave with satisfactory progress
- Piloted an assessment project starting in March 2022 for individuals with COVID-related alcohol
  use disorder who are ordered into treatment through our county courts, with 300 people
  assessed and placed in treatment services
- Peer services those led by individuals who have been in counseling and are trained and certified - reached 1,436 persons with at least one service
- Counseled 283 parents experiencing various stressors such as divorce, child behavioral issues, anxiety, and academic challenges
- Served on average 1,914 students per quarter in the Early Childhood Mental Health Consultation program. 89 percent of the children who were provided with consultation services avoided expulsion
- Helped 2,000 middle and high school students in 102 classrooms to form and build healthy relationships
- Worked with nearly 5,000 students across 17 schools in nine districts on prevention skills such as social skills, anxiety control, suicide prevention, coping skills, and anger management
- Educated 24,955 people who attended prevention events and activities in the community







#### **TECHNOLOGY UPDATES**

MHRBWCC has invested in technological improvements to better meet the needs of staff, provider agencies, and the community. To that end, MHRB has partnered with Ascend Innovations to develop data pipelines that can analyze key performance indicators, identify population trends, and find better ways that we can support the community.

Internally, investments have been made to digitize and modernize internal time management time clock procedures. Additionally, a new contract management system has been put into action and will soon be piloted to better manage provider contracts and facilitate the process moving forward.

### MHRB IN THE COMMUNITY

While it's vital that residents of our service area find the treatment and supports they need to recover, it's also important to provide our community with information and education to make good decisions, help themselves and each other, and offer resources to keep at the ready.

MHRB takes pride in being part of the community, not just through the work we do but also through participation in events and programs. Staff members speak with community groups and organizations, schools, law enforcement, and more. We also take part in events across Warren and Clinton Counties where we are able to share helpful information and resources about mental health and substance misuse.





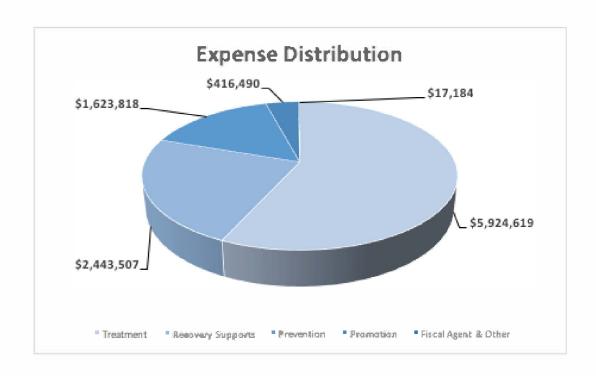




#### **FINANCIAL SUMMARY**

Fiscal Year (FY) 2022

| REVENUES                                |              | EXPENSES                   |              |  |
|---|--------------|----------------------------|--------------|--|
| Local Levy                              | \$6,968,268  | Board<br>Administration    | \$989,724    |  |
| State - Mental<br>Health                | \$3,886,149  | Board Operated<br>Services | \$998,229    |  |
| State -<br>Substance Use<br>Disorders   | \$547,257    | Capital                    | \$69,080     |  |
| Federal - Mental<br>Health              | \$312,547    | Contract Services          | \$10,009.128 |  |
| Federal -<br>Substance Use<br>Disorders | \$1,222,276  |                            |              |  |
| Grants & Other<br>Revenue               | \$356.424    |                            |              |  |
| Pass-through &<br>Fiscal Agent          | \$465,676    |                            |              |  |
| TOTAL REVENUE                           | \$13,758.597 | TOTAL EXPENSES             | \$12,006,161 |  |



#### MHRB MAJOR CONTRACT AGENCIES

Fiscal Year 2022

Beech Acres Parenting Center

Butler Behavioral Health

Mental Health America of Northern Kentucky & Southwest Ohio

NAMI Southwest Ohio

New Housing Ohio

Solutions Community Counseling & Recovery Centers

Sojourner Recovery Services

**Talbert House** 

## MHRB BOARD OF DIRECTORS, FY2022



NEW BOARD OF DIRECTORS MEMBERS TOOK THE OATH OF OFFICE IN 2022.

- ·Rahul Gupta, Chair
- ·Tiffany Mattingly, Vice Chair
- ·Christine Charlton
- ·Kelly Conklin
- Jenni Frazer
- ·Paula Harrison
- ·Kelly Gholz
- ·Sarah Kirby
- ·Shelley Stanforth
- ·Sharon Woodrow
- ·Brian Payne
- Angela Rahman
- ·Michael Kassinos
- Duane Weyand

#### **MHRB STAFF**

Colleen Chamberlain, Executive Director

- Patti Ahting, Chief Deputy Director
- ·Karen Robinson, Chief Financial Officer
- Dustin Ratliff, Director of Operations & Project Management
- Jeff Rhein, Deputy Director Substance Use Disorders, Crisis, Criminal
- Justice, & Outpatient Mental Health
- Reija Huculak, Deputy Director Adult Mental Health & Recovery Services
- ·Tommy Koopman, Deputy Director Prevention & Wellness
- John Cummings, Deputy Director Communications
- Dee Dee Tewani, Financial Officer
- ·Shelby Murphy, Office Manager



